

EXPRESS CARE – May & June 2024

DIY Flower Vases

<https://whatmomsllove.com/kids/the-best-spring-crafts-for-kids/>



Supplies:

Free Printable 3D Vases (6 designs including blank one to colour your own!) created by The Art Dream

Coloured cardstock

Decorative straws

Tape, regular and double-stick

Heart puncher (one inch)

Scrap tissue paper

Glue

Scissors

Instructions:

1. For the vase, [print out the design](#) you like, and fold in the flaps along the scored lines and along the center black lines. Use double-stick tape or glue to tape to a piece of colored cardstock.
2. For the flowers. Cut out hearts using your heart puncher. For each flower, use five hearts. Fold hearts in half. Then line them up side-by-side in a circular shape and tape the back (or use glue). Scrunch up a small piece of tissue paper and glue it to the centre of the flower. Tape the flower to a decorative straw. You will need to snip the straws at the bottom, as they will be too long for the vase.
3. Cut simple green leaves. Use tape or glue to adhere to the straw flowers.
4. Repeat for as many blooms as you would like in your vase. We used five flowers per vase. Simply add the flowers inside the vase. Use double-stick tape to secure to cardstock so they do not fall around or move.

Paper bag tree

<https://krokotak.com/2013/02/paper-bag-blossoming-tree/>



Supplies:

Paper bag

Glue

Tissue paper

Instructions

1. Turn the paper bag inside out
2. Crumple the bag and twist to make the trunk
3. Tear the upper parts of the bag to make the branches
4. Crumple up small pieces of tissue paper and glue them onto the branches.

Paper DIY Umbrellas

<https://www.easypeasyandfun.com/how-to-make-paper-umbrellas/>



Supplies:

- Colour papers
- 1-light blue cardstock
- Scissors
- Glue
- Yarn
- 1-pipe cleaner
- 1-toothpick (for applying glue)

Instructions:

1. Print out the circles from the template provided – you can grab them at the end of this tutorial (use different colour papers, whichever colours you like).
2. Cut the circles out. For one umbrella, you can go with 9 or 10 circles.

Making the Canopy

3. Start by folding one circle in half.
4. Do this to all of the circles.
5. Then fold that piece in half too.
6. The end piece should look like a pizza slice.
7. Repeat this step with the rest of the circles.
8. Open the pizza slice and apply some glue in between the corners. You can help yourself with a toothpick or similar.
9. Then fold the piece again and press with your fingers until the glue dries or use clothespins to hold the pieces together while the glue dries.
10. Repeat this step with the rest of the circles.
11. Press firmly.
12. Put some glue on one end borderline and then glue a pizza slice on (refer to the picture on the website and make sure you apply the glue on the right side so that you can open the umbrella afterwards).
13. Repeat this step with the rest of the slices, and then press with your finger until the glue is set.
14. Put some glue on the borderline of the last pizza slice, then open the umbrella and connect the ends. Hold until the glue dries.
15. Using your fingers, widen the spaces of each pizza slice. That way we make them equal.
16. Take the pipe cleaner and carefully put it through the hole.

The Handle

17. Then make a hook and cut the excess out.
18. Apply some glue on each pizza slice and glue each of the yarns on the umbrella
19. Do this for all your raindrops